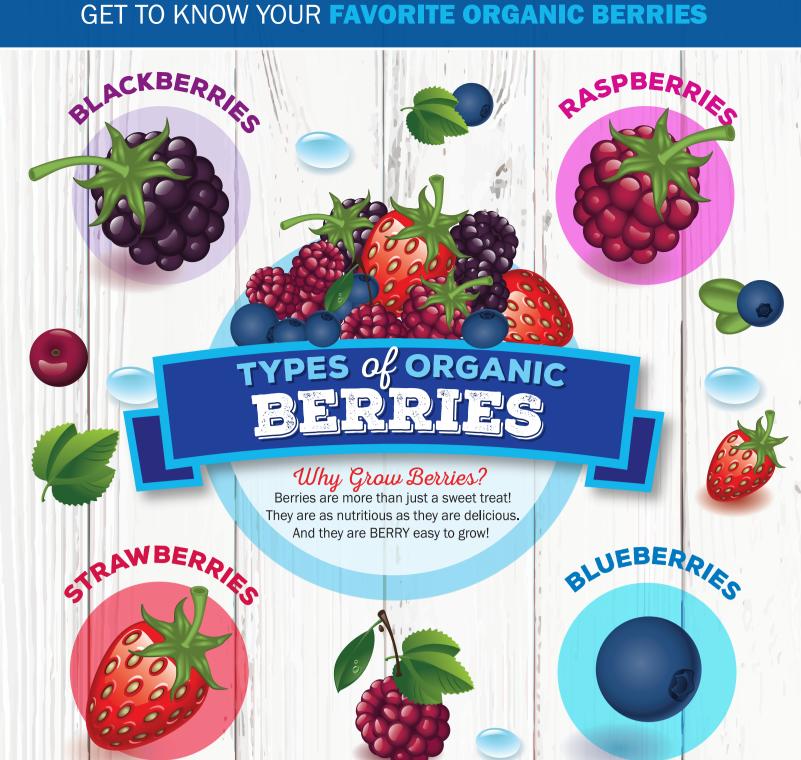
BERRY, BERRY Mecessary **ORGANIC GROWING TIPS**



BLUEBERRIES

Not only delicious and popular, blueberries are one of the top 10 healthiest foods. With vibrant hues of blue and These nutritional powerhouses

you) than the blueberry. These blue wonders play a vital role in health and well-being. One serving of blueberries

serves up almost 25% of the recommended daily intake of Vitamin C.

sweet flavor, no summer fruit

is better known (or better for



are packed with antioxidants that help guard against cancer and heart disease.

Blueberries are low in

calories, but rich in fiber and vitamins.



4 Best Tasting Blueberries to Grow Southmoon O'Neal **Polaris**

Blueberry



A southern favorite that does well in hot temperatures.

The Southmoon

blueberry is a delicious pick. The sky-blue berries are a nice touch, too. Plant in lighter, sandy soils and amend with lots of organic material.

Blueberry



With high-sugar content, you'll want to eat these as you pick them. As a

blue berries that taste more like candy than fruit.

yummy berries right as soon semi-upright shrub, you can let this blueberry grow wild and free or train it to grow up.

Blueberry



Polaris is for you! The Polaris was developed in Minnesota, so you know it can handle the cold, too! Go ahead, and pair with Northblue to increase

blueberry yield.

the season, the

Bushel and Berry™ Blueberry Glaze



green leaves, and can easily be sheared as such. Small, almost black berries present in little bundles mid-summer. With their deep flesh color, Blueberry Glaze packs a healthful punch with antioxidant-rich qualities.

BERRY GOOD ADVICE FOR GARDENERS No matter which berry you grow, getting

started is as easy as 1-2-3-4-5! Select a growing



Work the soil 8 to 10 inches deep and add in Espoma Organic® All

area with full sun.

Purpose Garden Soil. Mix in lots of rich organic compost especially if you

have sandy or clay soil.

area around the root zone, such as Espoma Holly-tone®. **RASPBERRIES**

Feed with a high-quality

organic plant food in the

with flavor and enjoy!

Pick when ripe

and bursting

STRAWBERRIES



✓ Strawberries are perennials. ✓ Strawberries come in so many varieties.

- Strawberries thrive in every region. Plant strawberries in early Spring.
- ✓ They can be grown in a container. ✓ Berries will be ripe about 30 days after
- **BLACKBERRIES**

the blossoms are pollinated by bees!



Raspberries need lots of support! Plant near a fence or create support with stakes and wire.

- Plant in early to mid Spring. When planting, avoid areas with heavy wind.

In Summer, raspberries are the perfect snack!

Raspberries are very similar to blackberries.



They thrive in warm sun and well-drained soil. ✓ Watch your fingers! Blackberry bushes that

- are often covered with thorns—so be careful! Plant in early Spring. ✓ If you have cold Winters, your berries.
- will thrive and have great flavor!
- Organic Berry Growing 101

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BLACKBERRIES

SUN

APART

INCH

Sources: For more helpful tips on how to grow and care for the berry best berries, visit: http://www.espoma.com/fruits-vegetables/espomas-guide-to growing-organic-berries/ http://www.espoma.com/wp-content/uploads/2015/03/berries.pdf

SPRING

- FALL

varieties

LAYER